



What to Bring every day:

- Lunch*
- Water Bottle
- Swimwear & Towel
- Spare Clothes
- Weather Appropriate Clothing

*We are peanut, tree nut & sesame-seed free.

Please do not pack any items containing peanuts, nut butters, or sesame seeds to help ensure the safety of our campers. This includes hummus products.

In case of Emergency or absence call us at 905-902-1261

Hours of Operation: 7am- 6pm

Location: Waterdown District Highschool

**Activities and trips may change for weather or other circumstances

| Times may vary according to children's interests | MONDAY "Pick and Plan" | TUESDAY "Soup-erstars" | WEDNESDAY "Baking Bonanza" | THURSDAY "Rehearsal Day" | FRIDAY "Be Our Guest" |
|--|--|--|--|-----------------------------|--|
| 7-9am | Free Choice/ Continental Snack (Snack Ends at 8:45am) | | | | |
| 9:00-10:00am | Kitchen Basics: Food Health, Safety and Nutrition | FIELD TRIP Arrive by 8:30am | Bite Size Bakers | Rookie Chefs | Over Easy Minute to Win It |
| 10:00-10:30am | Nutrition Break | | | | |
| 10:30-12:30am | Restaurant Creation Station, Menus and Marketing | Hamilton's Farmers Market Cooking Class and Amazing Race | A Little on the Frozen Side | Work out the Kinks | Restaurant Revival: Design, Prep and Set-up |
| 12:30-1:30pm | Lunch & Free Choice | | | | |
| 1:30-3:00pm | Crunch Time | Return Approximately 4:00pm | Put it in a cake, put it in a pie, it's so good I may cry! | Greens are Good | It's Show Time! |
| 3:00-4:00pm | Outdoor Time | | | | |
| 4-6pm Free Choice & Snack | | | | | |