



**What to Bring every day:**

- Lunch\*
- Water Bottle
- Swimwear & Towel
- Spare Clothes
- Weather Appropriate Clothing

\*We are peanut, tree nut & sesame-seed free.

Please do not pack any items containing peanuts, nut butters, or sesame seeds to help ensure the safety of our campers. This includes hummus products.

**In case of Emergency or absence call us at 905-902-1261**

Hours of Operation: 7am- 6pm  
 Location: Waterdown District Highschool  
 \*\*Activities and trips may change for weather or other circumstances

Times may vary according to children's interests	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7-9am	<b>Free Choice/ Continental Snack (Snack Ends at 8:45am)</b>				
9:00-10:00am	Bistro Style Research Stations	Chopped Waterdown	Pasta-Tastic	<b>Special Visitor</b> Top Chef	Ugly Delicious: Mix n Match Foods
10:00-10:30am	<b>Nutrition Break</b>				
10:30-12:30am	Commercialized Deliciousness	<b>Field Trip</b> Boston Pizza Tour and Pizza & Ice Cream Sundae Making Class	Desserts will Save the Day!	Stir-fry Sensations	Worth it Winner
12:30-1:30pm	<b>Lunch &amp; Free Choice</b>				
1:30-3:00pm	Guy's Groceries Games – Amazing Race Style	Black Box Building	Recipe Blogs	Sweet and Salty: The Perfect Match	The Big Boil
3:00-4:00pm	<b>Outdoor Time</b>				
4-6pm <b>Free Choice &amp; Snack</b>					